



Corona crisis, basic feelings and Hero's journeys

1.

Communication in the original meaning means coming together, sharing, creating **community** (community goes back to Latin *communio*).

You theatres of people, who are homeless or have open wounds in their souls, you make something wonderful visible:
You form communities. In these communities is space for playing, storytelling, liveliness and art. That space of creativity needs relations of respect to each other. So you are creating your own homes: you form communities, in which you may feel at home without special ways of communication. This is the way of heroes following their desire.
This is the way of the hero's journey: don't adapt but follow your inner call which can fill a lack and make your life more complete.

In our Western culture there is a big lack of community, many people feel alone and senseless. The offered surrogates of sense cannot satisfy. The digital form of electronic communication is not able to create community. Digitalization like ours right now prescribes one-sidedness, cuts off playing, contact, senses, body, is sterile like a bathroom with white tiles. On the other hand offers virtual communication many possibilities of contact in lonesome times.

2.

Right now there is a lot of **anxiety**, a lot of **fear** of the future, fear of authority and punishment, fear of death. That may create spontaneously the wish that a good and strong mother takes us in her arms and takes over responsibility for us. That unwanted crisis makes angry and may blame others to be responsible for that change. These wishes are demons. We call them demons of resistance, because they follow the illusion that everything can stay the same.

The states use this fear to place the citizens under disability and create the illusion, that authoritarian political institutions can be this strong mother, are able to take care of life. (At best they can take care of the dignity of its citizens.)

On the other side this shows us as well, that we are not able to survive alone. We need others, we need communities of diversity, we want to become free. In other words: nothing can stay the same. Freedom includes self-responsibility. That again may cause anger and pain.

3.

These 2 sides are fighting with each other inside of all of us: the hero with the desire for community, diversity and freedom and the demon of resistance called by anxiety, anger and pain. They struggle for development and spaces for new communities. And if nobody else can take over responsibility for individual living and dying, who else? Our answer is: we ourselves becoming open for the divine in all what is living, the spirit of evolution.
We ourselves leaving the known pseudo-safety daring to walk into the unknown land of self-organisation, self determination and struggle about community.
Both hero and demon of resistance can find an agreement like "I love myself and my community and

take over self responsibility for our common path through the crisis“.

4.

All of us are in an unknown land right now, discoveries and tests are waiting for us, demanding from us to let go a lot of things. With **sadness**, with **grief**.

There will be tests becoming bigger and more difficult, but the same is true for the support we will find. That is inviting joy.

5.

We in Adventure Life are part of a network with the purpose of learning how to guide hero's journeys (as developed by Paul Rebillot) and how to make use of it in further education and any kind of grass root projects.

You are part of communities practicing creativity and diversity.

It is a joy to visit your meetings in the Error festival.

And we want to invite you to visit our activities as well.

Helga Weule & Manfred Weule

Adventure Life

”It needs community to grow up and to live the adventure”

www.adventurelife.eu